

LESSON PLAN

GR K-1



Step Into the Shoes of Others to See How They Feel

Description

Supplies

- Book: *Hey, Little Ant* by Phillip and Hanna Hoose, Illustrations by Debbie Tilley
- Variety of colored crayons or markers
- Paper

Skill Builder



Lesson

1. Show students the book, *Hey, Little Ant* by Phillip and Hanna Hoose, and tell them we are working on understanding how others feel.
2. Explain to students how important it is to truly step into someone else's shoes to see how that person is feeling. If students can identify the emotion of someone else, it helps build good relationships.
3. Teach the [Skill Builder Step into Their SHOES](#), which is full of tips on how to determine another person's emotions:

Sound of their voice
How they act
Outer appearance
Expression on their face
Surroundings

4. Instruct students to interact during the read-aloud by standing up when the Kid is narrating the story and sitting down when the Ant is narrating. Read the story.
5. Ask follow-up questions after the story:
 - What emotions do you think Ant felt? What letter of SHOES helped you determine this?
 - What emotion do you think Kid felt? What letter of SHOES helped you determine this?
 - What were some of the similarities Ant and Kid had?
 - At the end, the author leaves us with a question—What do you think Kid should do?
6. Remind students we all have people in our lives, some are similar to us and some are very different. No matter what, we should try to step into other's shoes so we can understand their perspective and get along.

Activity-Draw it Out

1. Let your students know today they will be drawing a picture of themselves.
2. Explain the picture should include them feeling a specific emotion. They should show this emotion on their face in the drawing. They can also include other attributes in their drawing to help express their emotion, like where they are in the background or a word bubble with them saying something.
3. Pass out the markers/crayons to the students and tell them the time limit.
4. Once the time is up, have the students come to the front, one at a time, to show off their drawings.
5. Allow the other students to step into their SHOES and guess what emotion they drew.

Additional Resources

Read-Aloud on YouTube: [Link](#)

Category

1. Lesson Plans
2. Social Awareness

Sel-competency-lessons

1. Social Awareness

Grade-level

1. Grades K-1